



The Bemis Award Winning, Frameable, Ineluctable

# EarlyWord

NEWSLETTER FALL EDITION



Westminster 7:10  
**Rotary**  
Club  
Volume 22, Issue 16  
October 18, 2017

## President's Corner— Today's Guest Editorial By Chris Hovendon



President-Elect  
Chris Hovendon

It will come as no surprise, but Cliff Stratton influenced me, as he did many of you. The specific example to which I am referring was just a couple of months ago when he and Barbara gave their farewell program about their time with our 7:10 Rotary Club. He said something that resonated within my head for a while and ultimately led to me agreeing to be the President-elect. "If you are going to be in a service organization you might as well get into leadership and serve." It was something that you know Cliff believed in just by looking at how he served our club for so long! Such a simple concept, but when you think about it and witness it, it is very profound.



We all joined Rotary to help those in our community. There is no arguing that Westminster 7:10 Rotary Club does amazing things within our community and those accomplishments are something we can all be proud of! However, how much more could we do if everyone took on a task within our group? How many more people could we help? How many more lives could be changed?

We each have our own unique talents and abilities. When we can utilize each of those, our Club can reach the highest peaks. Has it been a while since you served on a committee? Do you have an idea how we can do one of our events better? Have you been to a board meeting recently to see what topics we are attempting to complete? There is so much to be done! We need each one of your talents to accomplish our goals!



## Our 7:10 Family of Rotary Member—Loren Donaldson



Leading our Pledge this morning is this week's Family of Rotary Rotarian, Loren Donaldson. Loren was invited into the Yuma Rotary Club in Yuma, Arizona, by PDG Don Cutlip in 1985 after opening his own Point of Sale and Cash Register business, Management Systems and Consulting of Arizona.

His service with Rotary included several terms as Treasurer and song leader. He and Barbara moved to Westminster in 2006 to retire, and after being sponsored by H. Michael Hayes, Loren joined the 7:10 club. His service has included being a board member of both the club and foundation, as well as club president in 2010-11. He also writes and publishes the Bemis award winning, ineluctable, *EarlyWord* newsletter, and manages the 7:10 website, among other background assignments.

Loren grew up in Sausalito, CA. He attended Tamalpais High School in Mill Valley, later attending Westminster College in Salt Lake City where he earned a bachelor's degree in Applied Music. There he met and married his lovely bride, Barbara. They have two very successful children.

His working career included an 18 year stint as a food service director for Saga Food Service, a college food service management company. He also managed a local grocery store chain, and was a franchise manager which operated a Burger King and Godfather Pizza restaurant chain on the Marine base in Yuma, AZ.

Thank you, Loren, for being an integral part of our family of Rotary.



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## Future Speakers

October  
18 Community Awareness  
Action Team  
25 Project Cure in Mexico

## Breakfast Menu Fresh Fruit Tray

October  
18 Bacon Frittata  
25 Breakfast Pizza

November  
1 Egg Croissant

Juice on tap  
Coffee and Tea

Menus are subject to change at the whim of our masterful Chef.

## Weekly Statistics (from last meeting)

|                                      |         |
|--------------------------------------|---------|
| Club Members                         | 38      |
| Paul Harris Fellows                  | 28      |
| Michael Hayes Fellows                | 21      |
| Member Attendance                    | 20      |
| % Attendance                         | 47.4%   |
| Make ups                             | 0       |
| Visitors / Guests                    | 2       |
| Sargent's Fines:<br>(Randy -\$13.00) | \$33.00 |

Website hits in Sept.: 1307

\*Ineluctable: incapable of being evaded; inescapable..



# THIS WEEK'S PROGRAM...

## Community Awareness Action Team

Presented by Eleanor Scott



# October 2017

...is Rotary Economic & Community Development Month

ARE YOU WEARING YOUR ROTARY PIN EVERY DAY?

| Sunday   | Monday  | Tuesday | Wednesday       | Thursday   | Friday   | Saturday    |
|--|---|---------|-----------------|--|--|-------------|
| 1  | 2 <br>Brian Hall | 3       | 4 Club Meeting  | 5  | 6  | 7           |
| 8  | 9   | 10      | 11 Club Meeting | 12   | 13   | 14          |
| 15 <br>Ryan Holocher | 16  | 17      | 18 Club Meeting | 19   | 20   | 21          |
| 22   | 23  | 24      | 25 Club Meeting | 26 Club Board Meeting<br>Legacy Ridge<br>Restaurant<br>10801 Legacy Ridge<br>Pkwy-7:00-8:30 a.m. | 27 <br>Blaine Swanson | 28          |
| 29   | 30  | 31      |                 |  |  | B=Birthdays |

### Advanced Notices

Feb. 17, 2018—The 6th Annual Wine Stomp and Italian Buffet Dinner  
 March 17, 2018—The ever exciting Bocce Ball Tournament  
 May 12, 2018—The annual 7:10 Rotary / CASA Roast

### Why Dictionaries are Important

A dictionary makes you smarter and helps you teach your friends, siblings and relatives new words.

Submitted by John Inman

*Be kinder than necessary, for everyone you meet is fighting some kind of battle.*

## Rotary Gives Back



### How your Foundation Contribution Comes Back.

THROUGH THE SHARE system, contributions to The Rotary Foundation are transformed into grants that improve the world and change lives. The Foundation Trustees involve Rotarians worldwide in the decision-making process for Foundation grants and programs. No other foundation gives its donors as much freedom to decide how contributions are spent.

At the end of every Rotary year, contributions to the Annual Fund- SHARE from all Rotary clubs in a district are divided into two funds:

- 50 percent is credited to the World Fund.
- 50 percent is credited to the District Designated Fund (DDF).

The Foundation uses the World Fund portion to pay for the worldwide programs available to all Rotary districts. Your district uses the DDF (District Designated Fund) portion to fund the Foundation grants and programs of its choice.

The Rotary Foundation's funding cycle makes district contributions available three years after they are received. The three-year cycle gives districts time to plan projects and activities and allows the Foundation to invest the contributions. The earnings from those investments pay for general administration and fund development expenses. Your district Rotary Foundation committee decides how to use the district's available DDF allocations, in consultation with the clubs in your district.

The Rotary Foundation earned a 4-star rating from [Charity Navigator](#), the largest and most prestigious independent evaluator of nonprofits in the United States.

The 4-star rating, the highest that Charity Navigator awards, recognizes sound fiscal management and commitment to accountability and transparency. Charity Navigator evaluates thousands of nonprofits each year, and only one of four earns 4 stars. This year's top distinction marks the Foundation's sixth straight, placing it in the top 3 percent of U.S.-based charities. In a letter to the Foundation, Ken Berger, the president of Charity Navigator, wrote, "This 'exceptional' designation differentiates The Rotary Foundation from its peers and demonstrates to the public it is worthy of their trust."



ROTARY:  
MAKING A  
DIFFERENCE

From the Club Rotary Foundation Committee Manual



## Why I'm A Rotarian



I first became interested in Rotary when I was asked to give a presentation to the Canyon Rotary Club. One of the members of the club gave me a hard time (in a good way) and I felt right at home! Joining Rotary allowed me to meet a diverse group of people who live and work in Canyon. The friendships I have made

through the club, as well as the wonderful presentations we have each week, have allowed me to become a well-informed and involved member of the community. Rotary gave me a sense of pride of Canyon and has driven me to want to serve the community through our motto "Service above Self."

*Jeff Worley, Canyon, Texas Rotary Club*



## What Paul Harris Wrote



"Having no children of our own, Jean and I have adopted Rotary International. While our cup of joy at 'Comely Bank' has consistently overflowed, we have also had our share of sorrows. For instance: The city fathers established arc lights on Longwood Drive.

No longer need God pin the curtain of night back with his stars; no longer need the harvest moon shine; no longer need the commuters of our community grope their way back through the darkness, to the warmth and good cheer of their firesides. The city fathers take care of all such matters. Night has, in fact, been banished forever."

From My Road to Rotary, Chapter 38, Page 274 - [Comely Bank](#)



## The Rotary Foundation Giving Program 2017-18

As of 6/30/2017

| Club Name        | No. of Members | Annual Fund Goal | Goal % Achieved | AF Per Member | Annual Fund Giving | Polio Fund Giving | Endowment Fund | Total: The Rotary Foundation Giving |
|------------------|----------------|------------------|-----------------|---------------|--------------------|-------------------|----------------|-------------------------------------|
| Westminster 7:10 | 39             | \$4,000          | 2%              | \$1.50        | \$75.00            | \$0.00            | \$ 0.00        | \$ 75.00                            |

**The Difference between Stumbling Blocks and Stepping Stones Is the Way You Use Them.**

## If you Love your Spouse

Submitted by John Irons, Jr.

A group of 12 women were at a seminar on how to live in a loving relationship with their husbands. The women were asked, "How many of you love your husband?" All the women raised their hands.

Then they were asked, "When was the last time you told your husband you loved him?" Some women answered today, a few yesterday, and some couldn't remember.

The women were then told to take out their cell phones and text their husband "I love you, sweetheart."

Next the women were instructed to exchange phones with another woman and read aloud the text message they received in response to their message.

Below are 12 actual replies from their husbands. If you have been married for quite a while, you understand that these replies are a sign of true love. Who else would reply in such a succinct and honest way?

1. **Who the hell is this?**
2. **Hey, mother of my children, are you sick or what?**
3. **Yeah, and I love you too. ....What's wrong?**
4. **What now? Did you wreck the car again?**
5. **I don't understand what you mean?**
6. **What the hell did you do now?**
7. **Are you sure this is for me?**
8. **Don't beat about the bush, just tell me how much you need?**
9. **Am I dreaming?**
10. **If you don't tell me who this message is actually for, someone will die**
11. **I thought we agreed you wouldn't drink during the day**
12. **Your mother is coming to stay with us, isn't she?**

## CLUB OFFICERS AND BOARD MEMBERS

**Club President:** **Mark Harris**  
MarkH@MJMHarris.com

**President-Elect 2018-19** **Chris Hovendon**  
drchris@bmcfamilychiropractic.com

**PE Nominee, 2019-20:** To be determined

**Past Club President:** **Barbara Stratton**  
cbstratton@aol.com

**Secretary:** **Amanda Farrell**  
Amanda@selfdearment.com

**Treasurer:** **Loren Donaldson**  
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**Membership:** **Matt Seitz**  
seitz18@gmail.com

**Service Projects:** **Melissa Dalla**  
Melissa@dallahammond.com

**Administration:** **Caitlin Duncan**  
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**Rotary Awareness:** **Chuck Prather**  
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## FOUNDATION OFFICERS AND BOARD MEMBERS

**President:** **Brian Hall**  
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**At Large Member:** **Roger Gudenkauf**  
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**Honorary Member:** **Lindsey Daly**  
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**RI Foundation:** **John Inman**  
jinman@inmanwater.com

## NEED A MAKEUP?

Do you need to make up a meeting? Take a moment to visit our web site: [www.westminster710rotary.org](http://www.westminster710rotary.org). There you will find links to District 5450 and to Rotary.org as well as to the E-club One website.



**ENVISION HOME TEAM**  
*Home Is Our Middle Name*

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Note: Scan this Quick Reference (QR) code with your smart phone's QR Code Reader. Get it free from your App store.

**Newsletter deadline: Monday by Noon**



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## The Four Way Test

Of the things we think, say, and do:

1. **Is it the truth?**
2. **Is it fair to all concerned?**
3. **Will it build goodwill and better friendships?**
4. **Will it be beneficial to all concerned?**

## The 7:10 Vision

*The Westminster 7:10 Rotary Club is a vibrant group of Coloradans who join for Breakfast, enjoy lively Banter, and provide meaningful Service to communities throughout the world.*